

Allspice Cafe

WEEK OF
(3) Feb 20-24

Hours of Operation: M-F: Breakfast: 6am - 10am; Lunch: 11am - 1:30pm
Dinner: 4pm - 6:30pm

<p>Soup: Tomato Basil Bisque Chicken Gumbo (SR)</p> <p>Entree: Salisbury Steak</p> <p>Vegetarian: Tomato Basil Frittata</p> <p>Sides: Green Bean Casserole/ Peas & Carrots Mashed Potatoes/ Mac N Cheese</p> <p>Panini: Four Cheese Ham & Swiss</p> <p>Dessert: Peach Cobbler</p>	MON
<p>Soup: Chicken Noodle Vegetable (SR)</p> <p>Entree: Chicken & Andouille Sausage Casserole</p> <p>Vegetarian: Stuffed Cabbage Rolls</p> <p>Sides: Broccoli Au Gratin/ Seasoned Carrots Mashed Potatoes/ Mac N Cheese</p> <p>Panini: Roast Beef and Caramelized Onion Meatball and Provolone</p> <p>Dessert: Banana Pudding</p>	TUES
<p>Soup: Broccoli Cheese Beef Noodle (SR)</p> <p>Entree: Chicken Pan Pie</p> <p>Vegetarian: Cheese Toretellini Primavera</p> <p>Sides: California Blend/ Corn Mashed Potatoes/ Mac N Cheese</p> <p>Panini: Turkey Apple Cheddar Grilled Vegetable & Balsamic</p> <p>Dessert: Apple Cobbler</p>	WED
<p>Soup: Chicken Florentine Minestrone (SR)</p> <p>Entree: Baked Chicken Salad</p> <p>Vegetarian: Cheese Manicotti</p> <p>Sides: Peas & Onions/ Cauliflower w/ Cheese Mashed Potatoes/ Mac N Cheese</p> <p>Bar: Gyro</p> <p>Dessert: Peach Crisp</p>	THUR
<p>Soup: Stuffed Baked Potato Chicken Barley (SR)</p> <p>Entree: Blackened Tilapia</p> <p>Vegetarian: Spinach & Artichoke Quiche</p> <p>Sides: Orange Glazed Carrots/ Green Beans Mashed Potatoes/ Mac N Cheese</p> <p>Deli: Fajita Bar</p> <p>Dessert: Cherry Cobbler</p>	FRI

Entree with Two Sides and Medium Drink \$5.49

Fat Tuesday!

Seafood Combo \$6.99

Gyro Bar \$.49oz

Entree with Two Sides and Medium Drink \$5.49



Indicates a Balance wellness menu item. Please visit the cafe for additional information and for nutritional values. *SR-Sodium Reduced

Menu Subject To Change