ABOUT YOUR HOSPITAL SCREENING RESULTS

How will I get my test results?

1. My Marion Health Portal (Hospital Services).



If you are not enrolled in the Marion Health patient portal, please contact **(765) 660-6060**, option 7 for assistance.

- **2.** Mailed to the address provided at the time of registration within 7 to 10 days.
- **3.** Your provider will receive results if you provided the information at the time of your registration; otherwise, it would be your responsibility to notify your provider.

If you do not have a primary care provider, call **Marion Health Access (765) 660-6444.**

Are additional screening services available?

Yes. Marion Health offers many other low-cost health screenings. These are available through the Marion Health Community Screenings. These are available throughout the year at different locations and events. For community screening information please check the calendar of events on our web site: marionhealth.com

*It is recommended that screening packages be performed no more than once a year, unless otherwise instructed.



Cardiovascular Screening\$100 Carotid Ultrasound Screen, Abdominal Aortic Ultrasound Screen, Ankle-Brachial Indexes, BP and Heart Rhythm Strip
Cardiovascular Screening Plus \$140 Carotid Ultrasound Screen, Abdominal Aortic Ultrasound Screen, Ankle-Brachial Indexes, BP, Heart Rhythm Strip and Cardiac CAT Scan Calcium Score
Lung Screening \$50 Low-dose CT Scan
Heart Screening \$50 Cardiac CAT Scan Calcium Score
Prostate Screening Plus \$388 MRI of the Prostate

Call to schedule your screening today!

Phone: **(765) 660-6222** • Toll Free: **(844) 712-0095** Tests are performed at one of our Marion Health locations.

EXPLANATION OF HOSPITAL SCREENINGS

CARDIOVASCULAR SCREENING - 1 HOUR

This year, one out of every two deaths in the U.S. will be the result of cardiovascular disease. It's the number one cause of death in America. It can strike anyone: men and women of all ages, races, and economic classes. Cardiovascular Screening includes:

- ECG Heart Rhythm Strip Analysis for abnormal heart rhythm
- Carotid Artery Doppler stroke screen by ultrasound of the neck
- Ankle-Brachial Index screening for artery disease of the legs
- Ultrasound of the Aorta aneurysm screening
- Blood Pressure Screening

CARDIOVASCULAR SCREENING PLUS - 1 1/2 HOURS

The Cardiovascular Screening Plus package includes all the offerings of the Cardiovascular Screen and adds the value of a Heart Screening. This screening cannot be completed by mobile screening services.

HEART SCREENING – 30 MINUTES

Because heart disease is the number one killer, a Heart Screen can be helpful to help determine risk. A Heart Screen is a CAT scan that measures the amount of "calcified" or "hardened" plaque inside your coronary arteries. We take a rapid series of images inside your heart to determine if you have any early warning signs for heart disease. Healthcare providers can then offer treatment options and suggest lifestyle changes to decrease your risk of heart disease and heart attack. In fact, in a recent study, some researchers believe that knowing this information is more valuable than knowing your cholesterol levels.

People who **should have** one of the above screenings may have one or more of the following conditions:

- A family history of heart disease
- History of a stroke
- Other vascular disease
- Heavy alcohol or caffeine consumption
- Abnormal cholesterol levels

- Diabetes
- Obesity
- High blood pressure
- Smoking
- Sleep apnea

People who **should not** have one of the above screenings:

- Under 40 years old
- Patients with cardiac stents
- Patients with cardiac symptoms

LUNG SCREENING - 30 MINUTES

Early detection can save your life. Lung Cancer is the #1 cancer killer in the United States. More people die from lung cancer than from breast, colon, pancreas and prostate cancer combined. The early-stage survival rate is 53.3%; however, only 15% of the lung cancer cases are currently found in the early stage. Most cases are not diagnosed until later stages, when the survival rate is only 3.9%. A National Cancer Institute study has shown that screening high risk patients with a low-dose CT scan can reduce mortality from lung cancer by 20%. That is why Lung Cancer screening is so important!

A Lung Screening is recommended if...

- Adults 50-80
- 20 pack-year smoking history
- Current smoker or have quit withing the last 15 years.
- Must be asymptomatic

PROSTATE SCREENING PLUS – 1 HOUR

Performed only at South Marion Medical Park

About 1 in 6 men will be diagnosed with prostate cancer during his lifetime. Prostate cancer occurs mainly in older men. Approximately 60% are diagnosed in men aged 65 or older, and it is rare before age 40. The average age at the time of diagnosis is 66. Prostate cancer is the second leading cause of cancer death in American men, only behind lung cancer.

With MRI, doctors can get a better idea if a tumor is present and where a tumor might be located in the prostate. Insurance does not cover this exam. Prostate specific MRI is a significant improvement in terms of accuracy and in reducing discomfort for patients and spares many men the burden of multiple prostate biopsies. The latest MRI imaging technique reduces over-treatment of men with non-life-threatening prostate cancer, avoiding the possible side-effects of treatment.

People who **should have** a MRI of the prostate:

 Men age 40-75 with a consistently elevated PSA (over a year or more) and have had no biopsy within the last four months.

Payment is due at the time of the screening. Some insurance companies may cover the cost of the screening. Patients should check with their insurance provider for details. To schedule a screening please call (765) 660-6222 or toll free (844) 712-0095. For more information visit www.marionhealth.com.