

community
outreach
program



MGH
MARION GENERAL HOSPITAL

KNOWLEDGE OF
HEALTH CARE ISSUES



MGH COMMUNITY OUTREACH

Marion General Hospital's mission is to be the first choice for healthcare services and promote wellness in the region. An integral part of that mission is MGH's commitment to promoting healthy lifestyles, educating and improving the overall health of community members. The community outreach program is the umbrella that encompasses every aspect of community service and education provided by MGH, including:

- ◆ speakers bureau
- ◆ health fair and community events
- ◆ health education series
- ◆ health screenings

speakers bureau

The MGH speakers bureau consists of employees, nurses, physicians and staff who are willing to speak to organizations on healthcare topics of interest. The mission of the speakers bureau is to offer educational opportunities and lectures that will increase organizations' knowledge of healthcare, disease and injury prevention, wellness and Marion General Hospital services, procedures and technology.

health education series

Marion General Hospital's health education series consists of a kit with lesson plans and curriculum, provided to facilitate on-going wellness for continuous sessions (each kit ranges from 2 to 12 sessions). They provide opportunities to cover health issues more in-depth than the speakers bureau or community event format. Sessions may consist of lectures, teaching, practicing skills, exercise and emotional support. Additional areas may include wellness, lifestyle and behavior modification.

Possible venues are Sunday school classes, vacation bible school, summer kids clubs, 4-H clubs, support groups, clubs/organizations or school health classes.



health fairs and community events

Marion General Hospital enjoys reaching out to the community through health fairs and community events. The hospital encourages organizations to contact the Community Outreach Department about area fairs, festivals and events.

Examples of fairs and events that MGH has participated in the past include: 4-H Fair, North Park Mall fairs, First Fridays, Relays for Life, area festivals and school festivals.

health screenings

Marion General Hospital's health screening program provides the public an opportunity to receive certain health screenings which promote early detection of medical problems and promotes healthy lifestyles. Screening services covered under this program do not require a physician's order and are encouraged only as an individual's personal barometer of health indicators, (not to replace standard medical appointments).

Examples include lab screenings for cholesterol, glucose, HDL/good cholesterol, lipid profiles, and colon cancer, as well as body mass index and strength measurements. Screenings can be held in churches, schools and other community locations.

Autoimmune Diseases

- AIDS and other STDs
- chronic fatigue
- fibromyalgia
- lupus
- multiple sclerosis



Cancer Care

- bone marrow transplantation
- breast cancer
- colorectal cancer
- esophageal cancer
- gynecological cancer
- breast reconstruction
- head and neck cancer
- leukemia and lymphoma
- lung cancer
- prostate cancer
- skin cancer

Dermatology

- acne
- moles
- skin care
- Botox
- chemical peels

Diseases & Disorders

- thyroid disorders
- asthma
- kidney issues
- infectious diseases
- gastrointestinal disorders
- allergies

Ear, Nose & Throat Health

Explanation of Government Insurance Programs

- Medicare
- Medicare D
- Medicaid

Heart Health

- women and heart disease
- cholesterol management
- exercise and the heart
- heart-healthy eating
- hypertension
- mitral valve prolapse syndrome
- prevention of heart disease
- stroke

Men's Health

- impotence
- infertility
- male menopause
- prostate cancer and prostate seed implantation

Mental Health

- anxiety and depression
- bereavement
- impact of personal problems in the workplace
- panic disorders
- simplifying your life and stress reduction
- mind, body and spirit connection
- grief and loss

Orthopedics

- back injuries
- carpal tunnel syndrome
- common foot problems
- hand infections and fractures
- hand surgery
- hip replacement surgery
- knee replacement options
- sports-related problems or injuries

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For more information

Please contact:

MGH Community Outreach Department

Phone: 765.662.4849 . Fax: 765.662.4004

Mailing Address:

Marion General Hospital

Community Outreach Department

441 N. Wabash Ave. . Marion, IN 46952

www.mgh.net / email: outreach@mgh.net



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MARION GENERAL HOSPITAL

Yes, my organization is interested in having MGH talk with us about health topics.

SPECIFICALLY:

- Speakers Bureau
- Community Event/Health Fair
- Health Screening
- Health Education Series

Timeline for requests*:

- 4 weeks prior to event
- 16 weeks prior to event
- 6 weeks prior to event
- 6 weeks prior to event

*If staff and resources are available, the community outreach department will make every effort to accommodate the request.

Possible topics of interest: (1) _____
(2) _____
(3) _____

Organization: _____ Phone: _____

Contact: _____ Contact phone: _____

Approx. Date of Event: _____ Time of Event: _____

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health topics available

continued from page 3

Senior Health

- Alzheimer's disease
- arthritis
- geriatrics
- joint replacement
- short & long term care

Sleep Disorders

- insomnia
- sleep tips for the traveler
- snoring and sleep apnea
- excessive daytime sleepiness
- perimenopause and sleep

Surgery/Procedures

- cosmetic & plastic
- liposuction
- oral & maxillofacial
- laparoscopy
- chemical peels
- botox
- heart catheterization
- pacemakers & defibrillators

Wellness and Prevention

- diabetes education
- exercise, nutrition and weight control
- humor and health
- osteoporosis
- parish nursing
- personal health information
- smoking cessation
- stress reduction

Women's Health

- breast health
- endometriosis
- hormone replacement therapy
- infertility
- menopause
- obstetrics/gynecology
- osteoporosis
- PMS
- thyroid
- urodiagnostics
- urogynecology
- women and heart disease

Pain Management

Other Topics

- rheumatoid arthritis
- colon and rectal
- emergency medicine
- work place health & safety
- ophthalmology

Youth Health

- substance abuse
- allergies
- tanning/tattoos/piercing
- abstinence
- sexually transmitted diseases
- tobacco prevention

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